



## NEWSLETTER



### **A note from the president**

It has been a flying start to the year for our gym club, it's hard to believe that we're over half way already. I'd like to take the opportunity to share some of the progress we've made over recent months and our focus for the remainder of the year.

Firstly, thanks so much for your contributions to our annual survey earlier in the year. It's great to hear from our club families on how the club is going and understand areas that the club can improve.

Many of you commented on how tired our facility is getting. We completely agree. Having just reviewed the National facilities strategy from GymSport NZ, this is not a challenge we face alone. The majority of gym club facilities across NZ are old and in need of upgrading equipment and premises. Ten out of the twenty seven clubs in Auckland have planned facility projects.

The good news is that with a spot at Colin Maiden Park secured for ESGC we can get cracking on building a much bigger gymnasium and also significantly improving and increasing the range of programmes we provide. This is \$2m-\$3m investment for our club. So as we enter the design phase of the build project, we have approved the appointment of a project manager to drive this program of work. We're looking forward to the velocity this will provide to our build and will be providing regular updates to you all as this progresses.

While super exciting, the challenge for our club is managing the time in between. Your committee has been focussed on upgrading all the equipment that we can take with us when we do move to a new facility, without compromising the investment required to fund our new build.

You may have noticed pieces of new equipment appearing around the gym. We've got new mats, new bars and a new beam and the even more exciting news is that we also have a new gym floor on the way. The committee has secured the majority of this replacement equipment with grant funding. We've seen a significant uplift in our grant contributions and have had some very generous support from Foundation North, Four Winds, TTCF and most recently NZCT. With competition for grants heating up, we're really happy with this result and are incredibly grateful for their support.

We'll also be investing in a few other items you've asked for, like change tables in the bathrooms, filtered water for the kids to fill their bottles and some new couches for parents in the waiting room.

You mentioned you'd like to see some expansion in our programmes for boys. It is on our strategic roadmap to drive greater inclusion and diversity across our existing and future club programs. With our current facility at capacity, we do have limitations, however we'll be actively seeking to expand our programmes as we prepare to move.

Moving forwards you can also expect to see some changes in the way we run our club events. While we are a community club that really needs the volunteer arms and legs, we recognise that you all pay fees and some of these obligations must be met by permanent staff members. We're increasing the headcount in the club and will continue to invest where it makes practical sense. We'd also like to see the gymnasts working just as hard as their parents and we'll be trialling new systems for volunteer engagement. We'll feedback on these soon.

The Committee has an imperative to invest heavily in the ongoing development of our coaching staff, increasing the number of coaches on the gym floor and continuing to further develop our existing club programmes. A number of roles are in recruitment. More information on those placements coming soon.

## **Update from the gym floor**

### **Rainbow testing**

The July Rainbow test was very successful, with 174 children attending the test and progressed to the next level. Esther and Awhina hit the ground running with this event and their great admin and organisational work was noted by all. To all of our volunteers who helped on the day, both on the cafe and everyone that provided food, thanks so much. We certainly couldn't manage these events without the considerable effort from all involved.

## Comp B



We're pleased to announce the great coaches that we have working with our Competitive B Squads this term.

**Tyler De Jong** is a previous ESGC Gymnast and longstanding coach at ESGC. Tyler has been coaching with us for 5 years and will be working with our Competitive B squads on Mondays, Wednesdays and Thursdays.

**Andrea Kenwright** is one of our fantastic competitive A coaches who has been coaching at ESGC for 8 years and will be working with our Level 3-4 open girls on Mondays and Wednesdays.

**Catherine Allbury** who has also been a longstanding coach at ESGC, will be working with our Competitive B girls on Tuesdays.

We also welcome back **Bailey Green** and **Samantha Shing** this term who will be continuing their great coaching of our Competitive B gymnasts.

Competitive B girls attended their first competition for the year at the Counties Manukau Gymfest on the 2nd of July and did a great job representing the club and showing off the skills they have been working towards all year.

Their next competition is coming up on the 27th of August, in Franklin and will be a Moana themed competition. A lot of fun to look forward to!

## Comp A

Competitive season is almost complete for our Comp A gymnasts and our ESGC teams have been consistently featuring on the podium, despite the considerable differences in all the new routines.

Most recently our Comp A girls attended the Mason Gillespie competition at Tri Star. As you can see from the results below our club continues to perform incredibly well. A credit to our coaches and athletes.

Step	Overs	Unders	Team
Two - Comp 1		Olivia Sue- 3rd Lucy Scrymgeour- 5th Esmee Boyes- 6th	<b>2nd Team</b> Olivia Sue, Lucy Scrymgeour, Esmee Boyes, Emily King
Two - Comp 2	Nina Worral- 6th	Frida Comber- 5th	
Three	Lindsay Bethell - 3rd	Kahu Barsdell - 4th	
Four	Scarlett Robb- 1st Milana Henderson- 3rd Charlotte McKeown- 4th Aria Johnstone- 5th	Jemma Cronin- 1st Madeline Meredith- 2nd	<b>1st Team-</b> Milana Henderson, Jemma Cronin, Madeline Meredith, Charlotte McKeown
Five	Anya Stephan- 3rd	Sofia Kelliher- 6th	<b>3rd Team-</b> Anya Stephan, Sofia Kelliher, Alderney Shing, Indie Nichols
Seven	Ella Wong- 3rd Maisie Braem- 6th		

## Playgym

Our Playgym classes are full again for term 3. We'll be looking at expanding the program to provide some more opportunities for those on waiting lists. Watch this space.

## Notice of AGM

The Eastern Suburbs Gym Club AGM will be held on Thursday the 31st of August at 6:30pm at the club upstairs. We quite regularly get no turn out at these meetings. We'd like to encourage you to all come along to better understand what the committee have been doing for the club and our future focus.

Your current Committee is completely aligned on how our club must transition over the next 18 months into our new premises, which is important given the amount of work involved! We must continue to change the way our club operates to ensure success in our new gymnasium. Your Committee share a passion for the opportunity a new gymnasium will bring to the quality of our club, improvement to existing programmes and of course a whole new range of programmes.

At the AGM we will also provide more information on our club strategy, financials and where the Committee is at with Head Coach and Playgym coaching services. We look forward to seeing you there.